

# A Theory for All Times

## A Synthesis of Science, Philosophy, and Religion



[Consciousness](#)

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I recently read [All-and-None](#) by **Amir Naseri** suggested by a colleague of mine that would be a sorrow if not to share with others because I think it is a kind of book that everyone should read at least once in lifetime. Whether you are either a religious person or an atheist, a philosopher or a mystic, an absurdist or an omniscient, this book will change the way you look at who you really are. Although the first edition has many technical flaws and the second revised version is not yet available on bookstore counters, still the content of the book is the same in both.

The preface begins with the outline of the thoughts of world's famous philosophers (especially Existentialists) on existence and philosophy of *being*. These concepts are explored and analyzed, as all philosophers and thinkers have sought to provide a comprehensive concept of *being* and a standard by which it is measured. From now on, the author tries to establish a completely innovative and practical (not necessarily subjective) theory for it.

In the first chapter, the author explains the origin of the universe based on accepted scientific findings and uses physics, quantum physics, and mathematics and scientific principles and research practices such as Hyperinflation, Uncertainty principle, and Boltzmann, Newton, General relativity, and String theory, M-theory, etc. to convey what modern man knows with certainty about the origin of the universe and proves the role of **symmetry** in the creation and consistent **existence** of the universe.

The second chapter contains documentations to explain the complexity in the universe, which causes the confrontation of order and chaos to establish a balance as a subordinate division of symmetry. This chapter, like the previous one, relies more on scientific data in order to explain the chaotic system of the universe and how it follows up the **symmetry**.

In the third chapter, the author deals exclusively with the subject of **consciousness** and proves that the universe, as a system, is conscious, and in fact this is this the consciousness that causes the persistence of the universe and everything in it. Then he proves why the universe is scientifically conscious in the first place. In this chapter, the author uses the undisputed scientific findings of psychology, neuroscience, and brain science and proves that **system** and **consciousness** are in fact synonymous. So here, this is no longer physics and mathematics, but psychology that takes over to explain where the meditation and austere lifestyle in Buddhism, come from.

In the fourth chapter of the book, the origin of life is considered from scientific perspective and the origin of the most primitive organisms of life and their evolution has been formed an idea.

Here, evidence is presented that the most primitive species of life evolved from the smallest known particles and based on laboratory studies these particles are technically made up of **nothing**. Then the author continues with the topic of *self* as the debate goes on within this chapter are adopted from the accepted principles of psychology. At the end of this chapter, the author comes back to consciousness as the source of creation and believes it to be transmissible by means of DNA all throughout the evolution.

In the fifth chapter, the book expands the basis of his theory and enumerates its initial preliminaries. The author calls his theory **Theory of Consciousness** and has chosen the title **All'n'None**, for which this conceptual aspect of the title is gradually completed over a series of chapters and revealed to the reader. The main discourse of this chapter is based on philosophy and philosophical arguments, but at the same time, scientific formulas (especially mathematics) are also presented to describe the validity of existence. By using the data of previous chapters, here the concept of conservation becomes more complete and crystal clear. Also, the discourse of symmetry, which is more scientifically described, is once again supported by philosophy, and then, referring to the data of previous chapters, re-introduces the discourse of creation and enumerates the role of **consciousness** within.

Chapter six comes with a detailed description of the **Theory of Consciousness (All'n'None)**. Relying on the statements of previous chapters as well as some Eastern philosophers and thinkers, the book explains the various dimensions of its theory and how it works. In this chapter, the author presents the evolution from a completely different perspective, which is at least defensible with today's accepted sciences.

In chapter seven, the author describes the doctrine of the **Theory of Consciousness** with equations from physics and mathematics as well as modern philosophy to prove that his theory is not just a hypothetical thesis, but a functional one.

Chapter eight, which is one of the necessary base chapters of the book that deals with the scientific knowledge of mankind and the role of **Consciousness** in the development of the brain and nervous system of contemporary Homo-sapiens. In this chapter, the function of the **Theory of Consciousness** and its numerous dimensions are described in great detail. At the end of this chapter, the author examines some of the philosophical concepts presented by different religions and tries to explain them with today's human knowledge and reveal their hidden sides.

Chapter nine is devoted to **HoloScrutinizism**: a term that is coined by the author that defines the attitude of the great Eastern and Western religions, the principles of Christian mysticism and Gnosticism, the Buddha's Moksha, the mysticism of Attar, Shams and Rumi along with the theories of philosophers such as Nietzsche and the philosophical inferences of Stephen Hawking and Martin Rees. Also the theories of great psychologists such as Jung, Freud, Adler, Frankel, etc., as well as theories, knowledge and expertise of strategic management and bioelectrical engineering, each are a brick in the architecture of **Consciousness** and every sophisticated person who gains knowledge as much as possible without dipping oneself in it. Instead of going into the details of science in the thin section, HoloScrutinizism expands a wide range of knowledge, looks at the overall content, processes it all together, and acquires new perspectives on knowledge. The author believes that as the depth of knowledge increases, the degree of

uncertainty also increases. Therefore, while one should study as reductionistically as possible and penetrate the core of the phenomena, one should also be as holistic as possible and look at things with a holistic approach. The mechanism that the author suggests for HoloScrutinism is that all *beings* are involved in selection at any given moment, and that right and wrong choices will have different consequences for each.

Chapter ten compares **Consciousness** and **cognition** to explain how sometimes they're confused with each other by erroneous assumptions. Together with mathematical language, he examines **consciousness** vs **cognition** in order to give a better understanding of the function of sole **consciousness** as well as both together.

Chapter eleven, which is supported by the ideas of **Homoconciseometry** and **Conciesiotherapy**, focuses more on the psychological studies. It then promotes **Consciousness therapy** against **energy therapy**. It also considers **consciousness** to be a completely independent issue, stands far from soul, metaphysics, and death. The author also considers **consciousness** to be an effective and active phenomena in all spheres of economy, market, technology and social relations.

Chapter twelve outlines the function of **consciousness** and its continuation in the human future and the attainment of *Homo Deus*. Today, with the latest technological advances, this chapter offers an outlook of the next generation of human beings and determines the placement of *self* and **consciousness** within this process.

In Chapter thirteen, by expanding the **Theory of Consciousness**, the book explains the placement of thought, and all nonphysical parts of a human being where the *self* and emotions sit, where the **consciousness** in being placed within the universe, as well as how the **consciousness** of a **system** can be scientifically calculated and measured. It also introduces more resources for future studies.

Chapter fourteen revises some of the religious concepts such as God, faith, sacrifice, and salvation, and explains that the misconceptions that have pervaded these concepts that have led mankind astray. By explaining each one of these concepts, the author opens up a new discourse in the philosophy of religions, as if they are newly descended concepts that have just been revealed.

In the fifteenth chapter, the schools of Eastern mysticism are adduced to understand these concepts better, and at the same time, an attempt is also made to further explain the position of **consciousness** in between. This chapter is in stark contrast to the early chapters of the book: as the early chapters inspired by the most recent human achievements, whereas, this chapter is adopted from the ancient scriptures of human cultures (especially Eastern ones).

In the sixteenth chapter, the last chapter of the book, where the idea is concluded, and all the various data from all chapters of the book are used and matched to prove what philosophers, thinkers, and above them religions have tried to recount. It is quite different from what we know about them today, and the **Theory of Consciousness** can provide plausible and practical answers to the most historical questions of mankind.

Also, the second revised edition comes with two independent reports, one for the scientific sections and the other for the religious'. These reports are prepared by impartial experts to confirm the scientific and religious claims of the book.

All-and-None is like a clock pendulum swinging back and forth through science, philosophy and religions and never pauses on either: the book oscillates between one pure science and another. The most important reason why I find this book necessary for whoever wish to develop intellectual powers, is to get acquainted with its essential meaning. Although many philosophers have already discussed the ideas of this book before, yet it is the very first time that they are answered in a new way that cannot be simply ignored.

Dr Jason Penner